

# GHSA Region 1-AAAA Championships

Hosted by Americus-Sumter High School

Wednesday, January 28, 2009

- Sanction:** Sanctioned by Georgia High School Association (GHSA)
- Facility:** Deriso Pool, Georgia Southwestern State University, Americus, GA.  
This is a 6 lane, 25 yard pool with an adjacent warmup area. A Colorado timing system will be used. On deck seating is limited. Spectators may bring their lounge chairs and tents. Parking is available nearby.
- Rules:** Georgia High School Association rules.
- Eligibility:** School must be a member of GHSA, Region 4-AAA. All contestants must be enrolled in grades 9 through 12 of the school they represent. All entrants must have current eligibility on file with GHSA. Each team must be accompanied by a coach, faculty member or other person appointed by the principal of the school to represent the interests of the school and the swimmers.
- Format:**
- |                 |                           |
|-----------------|---------------------------|
| Warm-ups        | no earlier than 5:00 a.m. |
| Coaches meeting | 5:50 p.m.                 |
| Meet            | 6:00 p.m.                 |
- Scoring:** Scoring will be through 6 places: 7-5-4-3-2-1 for individual events and 14-10-8-6-4-2 for relay events.
- Awards:** TBA. Awards will be provided by the Region.
- Entries:** Where available, use Hy-Tek Team Manager to send your meet entries. A meet events file for Team Manager is available from the Meet Director. A standard Georgia High School form may be used if you do not use Hy-Tek.
- Each school is limited to two (2) swimmers per individual event and two (2) teams per relay event. Schools may enter an unlimited number of swimmers in the 50 and 100 freestyle events. Each swimmer may enter a maximum of four events, no more than two of which may be individual events.
- Entry Fees:** None
- Deadline:** Please submit entries no later than Monday, January 26, to:

Tim DeMott, Meet Director  
144 Columbia Ave.  
Americus, GA 31709  
Phone: (229) 924-3863  
E-mail: [coach@americusbluetide.com](mailto:coach@americusbluetide.com)

## Directions to Deriso Pool on the campus of Georgia Southwestern State University

### **In Americus, turn onto Hwy 280 (Lamar St.)**

Turn south onto South Lee St. (Hwy 377)

Turn left onto Glessner St. (at stoplight) toward Georgia Southwestern State Univ.

Go to four-way stop, turn left onto Perimeter Rd.

Follow fork to right onto Simmons Dr.

Pool parking lot will be to the right. A sign opposite the parking lot points to Deriso Swimming Pool which is located next to the tennis courts.