

ABT vs. FRR Dual Meet

Saturday, April 10
Albany St. University Pool



Warm-ups 9:00 a.m.

Competition 10:00 a.m.

Entry Fee: \$15 per swimmer

ABT vs. FRR Dual Meet

April 10, 2010

- Facility:** GSW University Deriso Pool
- Rules:** Current USA Swimming rules will govern the conduct of the meet. The meet will not be sanctioned.
- Schedule:** Warmups = 9:00 a.m.
Competition = 10:00 a.m.
- Eligibility:** This is a closed competition between Americus Blue Tide and Flint River Rapids
- Entry Limit:** Each swimmers may enter a maximum of four (4) individual events
- Entry Fees:** \$15 per swimmer, regardless of the number of events
- Entry Deadline:** Coaches, submit entries no later than Wednesday, April 7.
- Events:** Mixed and combined age group individual events will be scored separately as the following age groups: 8&U, 9-10, 11-12, 13-14, Senior

Order of Events:
(age groups and genders will compete in combined heats and be scored separately)

#	Event	Age Groups	9	100 breast	9-10,
1	50 back	8&U	10	200 breast	11-12, 13-14, Senior
2	100 back	9-10,	11	500 free	8&U, 9-10, 11-12
3	200 back	11-12, 13-14, Senior	12	1000 free	11-12, 13-14, Senior
4	50 free	8&U, 9-10, 11-12, 13-14, Senior	13	100 free	8&U, 9-10, 11-12, 13-14, Senior
5	50 fly	8&U	14	100 IM	8&U
6	100 fly	9-10,	15	200 IM	9-10
7	200 fly	11-12, 13-14, Senior	16	400 IM	11-12, 13-14, Senior
8	50 breast	8&U			